

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>Blocher Andrew P</u> (Last) (First) (Middle) 1626 EAST JEFFERSON STREET (Street) ROCKVILLE MD 20852 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>FEDERAL REALTY INVESTMENT TRUST [FRT]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>SVP-Former SVP CFO & Treasurer</u>
	3. Date of Earliest Transaction (Month/Day/Year) 08/14/2012	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common shares of beneficial interest	08/14/2012		M		5,625	A	\$67.66	34,456.4	D	
Common shares of beneficial interest	08/14/2012		M		4,921	A	\$92.3	39,377.4	D	
Common shares of beneficial interest	08/14/2012		M		4,498	A	\$73.03	43,875.4	D	
Common shares of beneficial interest	08/14/2012		M		11,704	A	\$43.48	55,579.4	D	
Common shares of beneficial interest	08/14/2012		S		100	D	\$105.26	55,479.4	D	
Common shares of beneficial interest	08/14/2012		S		100	D	\$105.24	55,379.4	D	
Common shares of beneficial interest	08/14/2012		S		100	D	\$105.23	55,279.4	D	
Common shares of beneficial interest	08/14/2012		S		200	D	\$105.22	55,079.4	D	
Common shares of beneficial interest	08/14/2012		S		300	D	\$105.21	54,779.4	D	
Common shares of beneficial interest	08/14/2012		S		148	D	\$105.2	54,631.4	D	
Common shares of beneficial interest	08/14/2012		S		100	D	\$105.17	54,531.4	D	
Common shares of beneficial interest	08/14/2012		S		100	D	\$105.16	54,431.4	D	
Common shares of beneficial interest	08/14/2012		S		100	D	\$105.15	54,331.4	D	
Common shares of beneficial interest	08/14/2012		S		100	D	\$105.13	54,231.4	D	
Common shares of beneficial interest	08/14/2012		S		100	D	\$105.12	54,131.4	D	
Common shares of beneficial interest	08/14/2012		S		300	D	\$105.11	53,831.4	D	
Common shares of beneficial interest	08/14/2012		S		400	D	\$105.09	53,431.4	D	
Common shares of beneficial interest	08/14/2012		S		900	D	\$105.08	52,531.4	D	
Common shares of beneficial interest	08/14/2012		S		300	D	\$105.07	52,231.4	D	
Common shares of beneficial interest	08/14/2012		S		400	D	\$105.06	51,831.4	D	
Common shares of beneficial interest	08/14/2012		S		2,200	D	\$105.05	49,631.4	D	
Common shares of beneficial interest	08/14/2012		S		800	D	\$105.04	48,831.4	D	
Common shares of beneficial interest	08/14/2012		S		3,702	D	\$105.03	45,129.4	D	
Common shares of beneficial interest	08/14/2012		S		5,898	D	\$105.02	39,231.4	D	
Common shares of beneficial interest	08/14/2012		S		2,300	D	\$105.01	36,931.4	D	
Common shares of beneficial interest	08/14/2012		S		8,100	D	\$105	28,831.4	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				V	(A) (D)		Date Exercisable	Expiration Date					
Employee Share Option	\$67.66	08/14/2012		M		5,625	02/16/2007 ⁽¹⁾	02/16/2016	Common shares of beneficial interest	\$0	0	D	
Employee Share Option	\$92.3	08/14/2012		M		4,921	02/12/2008 ⁽²⁾	02/12/2017	Common shares of beneficial interest	\$0	0	D	
Employee Share Option	\$73.03	08/14/2012		M		4,498	02/10/2009 ⁽³⁾	02/10/2018	Common shares of beneficial interest	\$0	1,125	D	
Employee Share Option	\$43.48	08/14/2012		M		11,704	02/17/2012	02/17/2019	Common shares of beneficial interest	\$0	30,609	D	

Explanation of Responses:

- 1,125 options vested on each of 2/16/2007; 2/16/2008; 2/16/2009; 2/16/2010 and 2/16/2011.
- 984 options vested on each of 2/12/2008; 2/12/2009; 2/12/2011; 2/12/2012 and 985 options vested on 2/12/2010.
- 1,125 options vested on each of 2/10/2009 and 2/10/2011 and 1,124 options vested on each of 2/10/2010 and 2/10/2012.

Remarks:

Dawn M. Becker, by power of attorney 08/16/2012

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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